

JULY 2016



Dear Friends

I wonder if anyone has grown webbed feet yet with all the rain, its dreadful, where is our summer?

Obviously with all the rain fund raising has been difficult and slow, it's had a knock on effect all round.



One of the main fundraising events was this year's raft race at Needham Lakes. Although the weather was not brilliant the girls did a grand job by taking third place for effort. Each and every one of the girls seemed to have so much fun.

We did our normal tea stall and that went down well as always so we and the girls will be doing it all again next year.

Remember there is still chance to sponsor the girls for their effort and all the money they raise will be used at Burgess House to benefit our guests.



All the work on the guttering, soffits and Bargeboards which was planned for May has now been completed. It took longer than anticipated but has certainly been a vast improvement and transformed the look of the entire building.

The work on the main part of the building was paid for by the darts league whilst the second half around the Sunshine room (40+) office & kitchen was paid for by the society.

We would like to thank each and every one within the darts league for their continued support and without whom jobs like this would not get done.



The annual BBQ which is run by the Rotary club of Ipswich was a great success despite the weather.

There was a good turnout of people.

We were entertained by Hannah & David giving us renditions of a wide variety of songs and a lot of people joined in which was great.

Sadly the guys from the Rotary club all got wet but despite that there was a never ending supply of sausages and burgers, onions & rolls.

For many years the Rotary club have provided us with a BBQ completely free of charge and we cannot thank them enough for what they do, it really is appreciated.



We have decided to hold a fun dog show at the Summer fayre this year at Burgess House on 24th July. We hope to have something different that will add a bit of light heartedness to the day and of course there will be prizes for the winning dogs.

If you have a dog and want to enter then give me a call for the booking form.



Give me a call if you would like to book a stall at the summer fayre. We have a few stalls booked but there is still room for a few more.

Do try and come along and support the event it is open to anyone and of course is free entry.

Maybe you would just like to come along for a Cuppa or just to say hello, no matter what your support would be appreciated.

If you would like to book a stall then give me a call we want to make the day a huge success so let's hope the weather picks up and we have a good weekend.



It was another great year for RHS and Avenue East at Holbrook and thankfully the rain held off just long enough to see the games through to the end.

There was plenty of good team spirit and a lot of effort went in to the fancy dress.



Well Done to the team 'ENGLAND' who won but also to everyone who took part. It was a good job done by both RHS staff & students and staff from Avenues East. I certainly look forward to next year.



1st July 2016 was a special day on the calendar for Leading Lives who celebrated their fourth birthday.

We had a bit of a birthday bash at Burgess House but sadly the support was disappointing.

However from everyone at Ipswich Mencap we would like to say 'Congratulations' and well done to everyone for a great achievement.



Once again this year one of our committee members Ron Daley and his family did the Orwell Walk to raise funds for Ipswich Mencap. Ron has done the walk for the last forty (40) year's but has now decided to hang up his boots having raised thousands of pounds over the years. Well done and a big thank you from us all Ron but it's now time to enjoy your retirement.



Just after the last newsletter went out we heard the news that a lady who supported us for many years had passed away. The lady Mrs Peckham had for many years knitted, crocheted and sewn items for the society to sell helping us to raise money.

We are indebted to her generosity but are thoughts are with her family at this time.

Recently we heard the sad news that one of our members Mr Les Chambers had passed away after a short illness.

He & his wife Mrs Irene Chambers along with their son Paul have been members and true supporters for many years.

Our thoughts and prayers are with them at this difficult time.



We recently heard from Royal Mencap that Philip Hetherington the Regional Engagement Manager for the central region has decided to leave for pastures new. I have known Philip for some time and met him on numerous occasions when he has visited local groups.

It is disappointing to have yet another change in Royal Mencap however we wish Philip Good Luck in whatever he chooses to do in the future and I look forward to meeting his successor.

Well on that note I think I have covered everything. Hopefully the weather will pick up and we will get to see you at some of the events.

The next newsletter will be the beginning of November so if you have anything you would like to add please let me know before then and I will include it.

Enjoy the rest of the summer.

Kind Regards

Barbara